



Central Jersey Bicycle Club, Inc.

Over 40 Years and Still Rolling

Established 1968

August 2017

Number 8

Ice Cream Social:

Monday, August 21st at 6:30 PM

What's the Scoop

Metuchen, NJ



# Ice Cream Social

## Congratulations!

Winner of 2017 Jersey Contest is Harold M. Finkel,  
Executive Board Member-at-Large



Purchase your jersey and other accessories, through the club store.

**Store open until 8/10/17**

Club store online link:

<http://teamstore.ascendsportswear.com/store/central-jersey-bike-club/>

**Just in Case  
You Wanted to See the Back of the Jersey**



Purchase your jersey and other accessories, through the club store.

**Store open until 8/10/17**

Club store online link:

**<http://teamstore.ascendsportswear.com/store/central-jersey-bike-club/>**





# **CJBC Calendar & Rides**



# AUGUST EVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Mid Week Sanity Break, B, 2, 25-30, 6:00 Pm, Mark Heck	3	4	5
6 Bruno's One Sweet Ride to Hot Diggety Dog and Beyond!	7	8	9 Mid Week Sanity Break, B, 2, 25-30, 6:00 Pm, Mark Heck	10	11	12 A 4 100 Miles, Which Ever Way The Wind Blows! Sideways C 3/4 70 miles +/-
13	14	15	16 Mid Week Sanity Break, B, 2, 25-30, 6:00 Pm, Mark Heck	17	18	19 A 4 100 Miles, Which Ever Way The Wind Blows! C- 4/3 17-35 Are 3 Wheels Slower?- Bianca
20 2017 Lancaster Covered Bridge Classic Ramapo Rally	21 Ice Cream Social	22	23 Mid Week Sanity Break, B, 2, 25-30, 6:00 Pm, Mark Heck	24	25	26 A 4 100 Miles, Which Ever Way The Wind Blows! C 4 42 Tacos, Crepes, Ice Cream - Ben-
27	28	29	30 Mid Week Sanity Break, B, 2, 25-30, 6:00 Pm, Mark Heck	31		

\* The event calendar can also be viewed on the CJBC website at [www.cjbc.org](http://www.cjbc.org). Be sure to check the Event Calendar on the website often. New rides may be listed at any time and the printed calendar in this newsletter shows rides submitted as of the 24th, give or take, of last month.

# Ride Schedule

## Wednesday, August 2

**Mid Week Sanity Break**  
**Mark Heck, 732-970-6763**

**Pace: B**

**Distance: 25-30 miles**

**Time: 6:00 PM**

Walgreens Parking Lot, 339 Matawan Road, off GSP Exit 120, Matawan, NJ.

## Wednesday, August 9

**Mid Week Sanity Break**  
**Mark Heck, 732-970-6763**

**Pace: B**

**Distance: 25-30 miles**

**Time: 6:00 PM**

Walgreens Parking Lot, 339 Matawan Road, off GSP Exit 120, Matawan, NJ.

## Saturday, August 12

**Sideways**

**Dan Rappoport, 609-924-9417 / 609-933-6258**

**Pace: C**

**Terrain: 3/4**

**Distance: 70 miles**

**Time: 8:00 AM**

South Amboy Park & Ride Lot on Washington Street (Rt. 535), South Amboy, NJ. This ride is for those people who have dreamt about crossing the state but never would consider doing the Longest Day Ride. We will stop to rest or eat every 15-20 miles. Please call by 6pm the day before ride to confirm.

## Saturday, August 19

**Whichever Way The Wind Blows**  
**Neil Cherry, 732-723-0769**

**Pace: A**

**Terrain: 4**

**Distance: 100 miles**

**Time: 8:00 AM**

Village Park, Cranbury, NJ. A pleasant head wind in both directions. Call ride leader no later than 9PM the night before to confirm time and starting point.

## Sunday, August 6

**Bruno's One Sweet Ride to Hot Diggety Dog and Beyond**  
**Steven Seigel, 908-405-5037**

**Time: 9:00 AM**

Leave from "One Sweet Ride" at 19 S Main Street, Allentown, NJ (not PA) go to "Diggety Dog" and beyond! Visit Bruno's, Diggety Dog and sightsee! Call Saturday to confirm.

## Saturday, August 12

**Whichever Way The Wind Blows**  
**Neil Cherry, 732-723-0769**

**Pace: A**

**Terrain: 4**

**Distance: 100 miles**

**Time: 8:00 AM**

Village Park, Cranbury, NJ. A pleasant head wind in both directions. Call ride leader no later than 9PM the night before to confirm time and starting point.

## Wednesday, August 16

**Mid Week Sanity Break**  
**Mark Heck, 732-970-6763**

**Pace: B**

**Distance: 25-30 miles**

**Time: 6:00 PM**

Walgreens Parking Lot, 339 Matawan Road, off GSP Exit 120, Matawan, NJ.

## Saturday, August 19

**Are 3 Wheels Slower?**  
**Bianca Kalina, 848-667-5020**

**Pace: C-**

**Terrain: 4/3**

**Distance: 17-35 miles**

**Time: 10:15 AM**

Cranbury Library, 23 N Main Street, Cranbury, NJ. Call by 5PM the day before. If no calls, no ride.

**Wednesday, August 23**

**Mid Week Sanity Break**

**Mark Heck, 732-970-6763**

**Pace: B**

**Distance: 25-30 miles**

**Time: 6:00 PM**

Walgreens Parking Lot, 339 Matawan Road, off GSP Exit 120, Matawan, NJ.

**Saturday, August 26**

**Tacos, Crepes, Ice Cream**

**Ben, 848-667-5020**

**Pace: C**

**Terrain: 4**

**Distance: 42 miles**

**Time: 9:30 AM**

Brookdale Community College, Lot 7, 765 Newman Springs Road, Lincroft, NJ. Call by 5pm the day before. No calls, no ride.

**Saturday, August 26**

**Whichever Way The Wind Blows**

**Neil Cherry, 732-723-0769**

**Pace: A**

**Terrain: 4**

**Distance: 100 miles**

**Time: 8:00 AM**

Village Park, Cranbury, NJ. A pleasant head wind in both directions. Call ride leader no later than 9PM the night before to confirm time and starting point.

**Wednesday, August 30**

**Mid Week Sanity Break**

**Mark Heck, 732-970-6763**

**Pace: B**

**Terrain: 2**

**Distance: 25-30 miles**

**Time: 6:00 PM**

Walgreens Parking Lot, 339 Matawan Road, off GSP Exit 120, Matawan, NJ.

**We suggest you call the ride leader if you intend to join a ride. The leader does not have to ride if no calls are received and if the leader has your number you can be informed of any last minute changes.**

**We also encourage you to contact us regarding rides you'd like to see and if you would be interested in becoming a ride leader.**

## Ad-Hoc rides are last minute ride postings.

Ad hoc rides are rides that are posted at least 2 days before the ride takes place. This amount of time is necessary so the notification is published on time.

**See our rides schedule on our web site:**  
**website's Event Calendar** (check the rides schedule often as new rides may be listed at any time; sometimes as little as two days before the ride).

### Ride Leaders

Please send all Ride Rosters to:

[Award Chair](#)

P.O. Box 10686, Brunswick, NJ 08906

Rides scheduled through Memorial Day should be sent by June 21. Rides scheduled after Memorial Day thru Columbus Day should be sent by November 1.

Rides scheduled after Columbus Day thru New Year's should be sent by January 15.

### Ride Classifications

**PACE CATEGORIES** - Road bike recommended

**AX** For strong, experienced cyclist in top physical condition. Average speed is 18 mph or more.

**A+** For strong, experienced cyclist. Average speed is 17 to 18 mph.

**A** For strong, experienced cyclist. Average speed is 16 to 17 mph.

**A-** For strong experienced cyclist. Average speed is 15 to 16 mph.

**B+** For good, competent cyclists. Average speed is 14 to 15 mph.

**B** For good, competent cyclists. Average speed is 13 to 14 mph.

**B-** For good, competent cyclist. Average speed is 12 to 13 mph.

**C+** For average cyclists. Average speed is 11 to 12 mph.

**C** For average cyclists. Average speed is 10 to 11 mph.

**C-** For average cyclists. Average speed is 9 to 10 mph.

**EZ** For leisure cyclist. Average speed is 9 mph or less.

Speeds indicate average upon completion of ride. Speeds will vary during ride depending on terrain.

**CJBC has reclassified the D paced ride classification to EZ (easy) to promote short and easy leisure bicycling. The EZ pace is for riders of all abilities seeking to ride at a leisure pace (9-11 mph) on flat to rolling roads for short distances of 15-20 miles.**

### TERRAIN RATINGS

**1** Hill Mania (multiple long and/or steep climbs)

**2** Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)

**3** Rolling Hills (such as Valley Road in Warren Township)

**4** Mostly flat (except for occasional overpasses)

**ATB RATINGS-** For All-terrain and hybrids. Average speed will vary with terrain and rider's experience.

**1 Log** Novice. Basically flat. Typically tow paths and fire roads.

**2 Logs** Intermediate. Rolling. Rough paths and fire roads.

**3 Logs** Advanced. Numerous steep hills, some technical

**MTB RATINGS-** For All-terrain bikes only. Speeds will vary.

**1 Log** Novice. Basically flat to smooth.

**2 Logs** Intermediate. Rolling, rugged.

**3 Logs** Advanced. Hilly, technical.





# CJBC Board & Member Notes



**Central Jersey Bicycle Club, Inc.**  
**P. O. Box 10686**  
**New Brunswick, NJ 08906**  
**[info@cjbc.org](mailto:info@cjbc.org)**

<b>The CJBC Board</b>			
President	<b>Steven Seigel</b>	908-405-5037	<a href="mailto:President@cjbc.org">President@cjbc.org</a>
Treasurer	<b>John Colasanti</b>	908-456-2075	<a href="mailto:Treasurer@cjbc.org">Treasurer@cjbc.org</a>
Membership	<b>Joe DeSimone</b>	908-229-9596	<a href="mailto:Membership@cjbc.org">Membership@cjbc.org</a>
Recording Secretary	<b>Vacant</b>		
Member at Large	<b>Harold Finkel</b>	732-666-7161	<a href="mailto:MemberatLarge@cjbc.org">MemberatLarge@cjbc.org</a>
Member at Large	<b>Kathy Staeger</b>		Kathystaeger@gmail.com
Public Relations	<b>Nicholas Spadavecchia</b>	732-713-3187	<a href="mailto:PublicRelations@cjbc.org">PublicRelations@cjbc.org</a>
Program Chair	<b>Mary Jane Walsh</b>	908-238-9649	maryjane_walsh@yahoo.com
Ride Captain	<b>Kevin Smith</b>	908-420-4636	<a href="mailto:RideCaptain@cjbc.org">RideCaptain@cjbc.org</a>
Awards Chair	<b>Dan Rappoport</b>	609-924-9417	bikefar@hotmail.com
LAB Rep	<b>Vacant</b>		
Farmlands Chair	<b>Steven Seigel</b>	908-405-5037	<a href="mailto:farmlands@cjbc.org">farmlands@cjbc.org</a>
CJBC Information	<b>CJBC Information</b>		<a href="mailto:info@cjbc.org">info@cjbc.org</a>

Prospective members may join CJBC via the "Join CJBC" tab at <http://www.cjbc.org/> or via active.com at this link: <http://www.active.com/edison-nj/cycling/memberships/central-jersey-bicycle-club-2015-membership-2014>

Send content for *The HUB* to [NewsletterEditor@cjbc.org](mailto:NewsletterEditor@cjbc.org) | **Deadline for all content is the 24th of the month.**

The views expressed in this publication are not necessarily the views of CJBC, Inc., nor do we endorse products or services advertised. **CJBC is a club affiliate of the League of American Bicyclists. Riders must wear approved helmets on all club rides!**

For any inquiries or questions regarding the HUB, please contact:  
**Felicita Rosario, Newsletter Editor (732) 912-3569 or [NewsletterEditor@cjbc.org](mailto:NewsletterEditor@cjbc.org)**



# Rides of Interest

Rides Within This Section Provided to CJBC  
From Outside Sources



### ***What's on your bucket list?***

Is it to spend a whole week cycling with friends through gorgeous scenery?

Or do you want to kick it up a notch and try skydiving?

**You can do it all** at [Cycle Massachusetts](#), the famous statewide charity tour that is also known as the Friendliest Ride in the East. We're delighted to welcome cyclists for a weekend or a whole week depending on YOUR schedule. Here's some highlights for 2017:

- Cycle Club Discount – we've made it super-convenient to join up with friends – just use our special [club signup page](#) (email [bruce@cyclema.com](mailto:bruce@cyclema.com) for details)
- Jump from a plane! That's right – you'll have the option to cycle to [Jumptown](#) in Orange, MA, and try skydiving!
- Three states in one ride – not only do we explore Massachusetts, but we'll ride the quiet roads of Vermont and New Hampshire as well.
- Family riding weekend! Our opening weekend is especially family-friendly complete with shorter rides to kid-approved destinations, a [popsicle party](#), and an all-ages outdoor movie!

Cycle Massachusetts is from **August 5<sup>th</sup> through 11<sup>th</sup>** (2, 4, 5, and 7 day options available) and all proceeds support the [Massachusetts Bicycle Coalition](#).

**Sign up today at [www.cyclema.com](http://www.cyclema.com):** The registration deadline is July 15<sup>th</sup> and Cycle Massachusetts is limited to 150 riders!





# August 12-13, 2017

Tour de Frederick is a premier cycling weekend

in Frederick, MD

Saturday offers 10, 35, 62 and 100 mile routes

with an awesome Finish Line Party

that includes beer and live music!

Register at

[www.tourdefrederick.com](http://www.tourdefrederick.com)

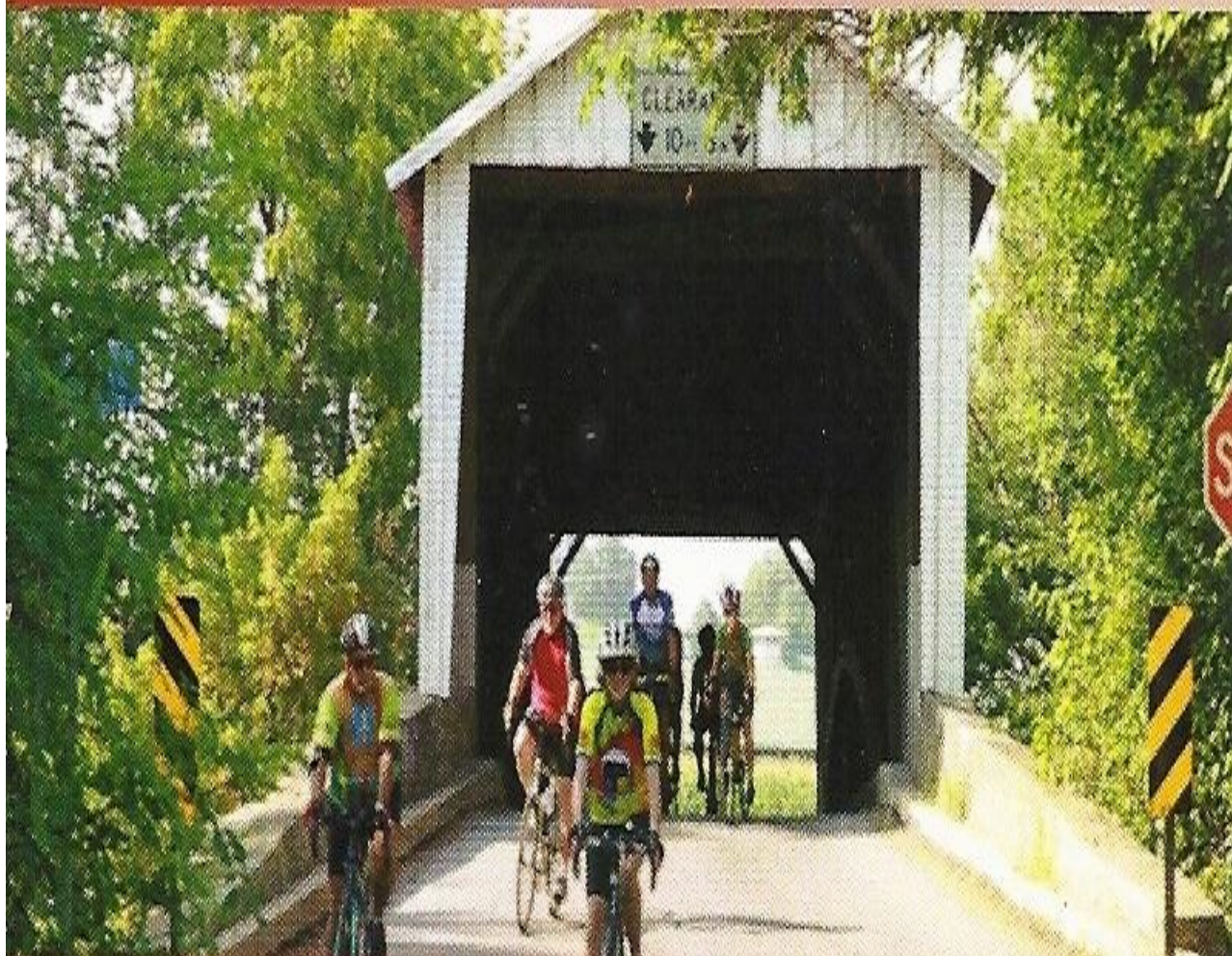
Saturday is also the

National Clustered Spires High Wheel Race

in downtown Frederick



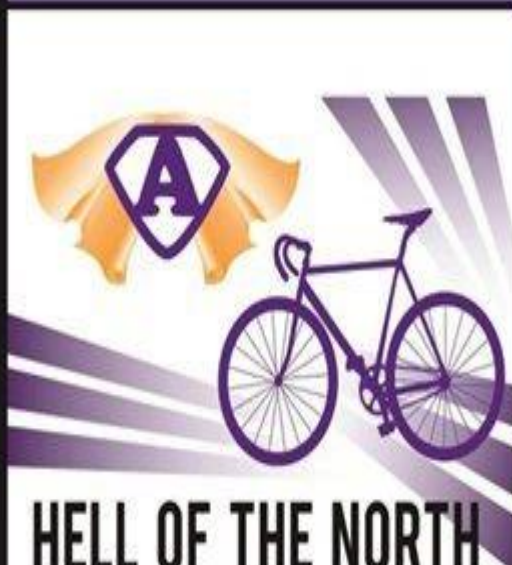
**15, 31, 62 & 100 miles**



**[www.Lancasterbikeclub.net/lcbc](http://www.Lancasterbikeclub.net/lcbc)**



September 3rd, 2017  
**100 Miles**  
**100% Volunteer**  
**100% to Charity**  
(Metric & 30 Mile Routes)



**HELL OF THE NORTH**  
**BENEFITING AVERY'S HOPE**  
**AVERYS-HOPE.ORG**

Raising money and awareness for children  
with rare gi disorders and their families.  
Register to ride or volunteer at  
[BikeReg.com](http://BikeReg.com) or [averys-hope.org](http://averys-hope.org).



**Hosted by:**  
**V5 Cycles**

140 Hwy 31  
Flemington, NJ 08822  
[v5cycles.com](http://v5cycles.com)



**Avery's Hope**  
P.O. Box 256, New Hope PA 18938  
908-581-8273  
[averyshopepa@gmail.com](mailto:averyshopepa@gmail.com)  
[averys-hope.org](http://averys-hope.org)

#### About the Ride

Hell of the North offers a spectacular century, metric century and 30 mile ride through Hunterdon and Warren counties. This ride is fully supported offering SAG, Tech support, breakfast, nutrition and hydration and a great meal after the ride is over.

#### About Avery's Hope

This organization is named for the founders' grandson, Avery Harris, who was born with Microvillus Inclusion Disease. Both Children's Hospital of Philadelphia and Children's Hospital of Pittsburgh have been instrumental in his care. This charity gives back and raises money through fundraising events. All money raised goes to families with children like Avery whose insurance doesn't come close to covering all of the expenses associated with rare gi diseases and find themselves at Children's Hospital of Philadelphia and/or Pittsburgh.





# Sourland Spectacular



Date: September 9, 2017

Time: Rides start between 7:00 am and 9:30 am

Location: Otto Kaufman Community Center

356 Skillman Road (park at Montgomery High School)  
Skillman, NJ 08558

Cost: \$50 per rider (or \$45 if registered by August 28)

Registration & Information: [www.sourlandspectacular.com](http://www.sourlandspectacular.com)



## The Spectacular Routes

The Sourland Mountain area is a magnet for cyclists from throughout New Jersey and beyond, who come for the low-traffic roads, lovely woods, scenic vistas, mountain streams and postcard-perfect farmland. The four main routes are hilly, and range from 23 miles to 63 miles (a "metric century"). We have added a short, flat route (5 miles) for families and anyone who wants to skip the challenge of the mountain. Please see our web site for details.

## The Friendly Rest Stops

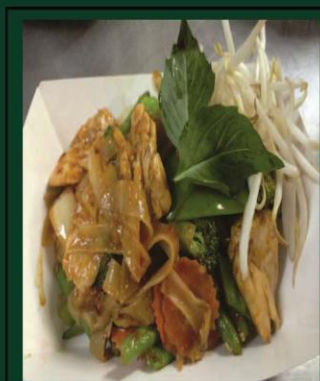
Rest stops staffed by friendly volunteers are located at appropriate intervals along the routes. Water and Gatorade will be available in abundance, along with peanut butter and jelly, fresh fruit, pretzels and other snacks. Each rest stop will have rest room facilities, a tire pump and maps.



## The Fabulous Lunch

You won't want to miss the fabulous lunch we are preparing for you! Riders will have quite a few delicious options this year.

The Thai Elephant will be joining us with a selection of Thai delicacies. And New World Pizza will be back, preparing pizzas fresh on-site in their truck-mounted wood-burning oven. A variety of toppings will be offered.



Dessert will be a brownie sundae featuring home-baked brownies, premium ice cream, and a gourmet chocolate sauce from a recipe developed specifically for this event - our own Sourland special sauce.



<http://www.sourlandspectacular.com/tickets/>

## BICYCLE TOURS IN RUSSIA

Our cycle season 2016 has successfully passed. We had double amount of tour participants comparing with 2015! You can find some beautiful photos from our bike tours at [www.rctc.ru/report.html](http://www.rctc.ru/report.html)

Now we started the application period for our 2017 tours. Check out our schedule at [www.rctc.ru/tour.html](http://www.rctc.ru/tour.html)

We announce 7 tours next summer! For the first time we suggest a guided tour outside Russia. The Mosel tour in Germany is going to be in May. In June, we prepare a completely new route combined from the best parts of Golding Ring and Moscow-St.Petersburg tours including 10 jubilee bike festival in Uglich. We end this tour in St. Petersburg just on time of White Nights. That is the most popular time for visiting this inimitable city. <http://www.rctc.ru/msspwn.html>

Our classic Golden Ring of Russia tours (adventure and comfort) and Moscow - St. Petersburg tours (new route) are as usual on. Plus Karelia tour (updated route). All tours are easily combined, so people may take two or more tours together with a good discount for following tours.

We expect more participants from Russia and abroad next summer. Now Rouble is not strong and we may suggest good price for international visitors.

Vladimir Filippov  
Russian Cycle Touring Club  
[www.rctc.ru](http://www.rctc.ru)



## **When?**

**Tuesdays<sup>1</sup> and Thursdays<sup>2</sup>**

## **Where?**

**Meet at the Loeb Boathouse in New York City's Central Park, located on the left-hand side of the East Drive, North of the 5th Ave. and 72nd St. entrance to the park.**


## **Time?**

**10:00 AM<sup>2</sup> Sharp**

<sup>1</sup>**Tuesday's** rides are all year round

<sup>2</sup>**Thursdays** rides sometimes meet at a different location or earlier time. Be sure to check the email for the meeting time and place. Also, we usually do not meet on Thursdays in November, December, January, February, or March

Temperatures below 30° or above 90° usually cancels a ride.

<sup>2</sup>Get on **The Weekday Cyclists email list** and receive advance notices of the Thursday ride destinations and other special bicycle related announcements. Send an email to  [TWCinNYC@aol.com](mailto:TWCinNYC@aol.com). Write "Add to TWC email list" in the subject line and give your full name and telephone number in the body of your email.

**<http://weekdaycyclists.org/>**





# Miscellaneous Stuff

Including Ride Sheets & Sponsor Ads



## ATTN: CJBC MEMBERS

HAVE **NEW** CJBC JERSEYS IN STOCK FOR SALE. THEY ARE THE BLACK AND YELLOW TIGER STRIPES. THEY ALSO NOW HAVE OUR CLUB WEBSITE ON THE BACK AND THE YEAR THE CLUB WAS ESTABLISHED WHICH IS 1968. WE HAVE MED, LG, XL, XXL, AND XXXL IN STOCK. THE PRICE IS \$55.00 EACH.

IF YOU WANT TO PURCHASE A JERSEY, PLEASE CONTACT  
MIKE KRUIMER @ 732-586-3981  
EMAIL: [KLINER54@OPTONLINE.NET](mailto:KLINER54@OPTONLINE.NET) FOR MORE





# Central Jersey Bicycle Club, Inc.

## 2017 Ride Sheet

Ride Name as Published in HUB \_\_\_\_\_ Date \_\_\_\_\_

Ride Leader \_\_\_\_\_ Mileage Listed \_\_\_\_\_ Actual Miles \_\_\_\_\_

Leader's Additional Comments: \_\_\_\_\_

### CJBC MEMBERSHIP RELEASE

In consideration of being permitted in any way in Central Jersey Bicycle Club sponsored bicycling activities I do hereby, for myself, for my heirs, executors and administrators waive, release and forever discharge any and all right and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participation in, or returning from the sponsored event.

Signature of adult responsible for minor (under 18 years old) rider: \_\_\_\_\_

Signature of adult responsible for minor (under 18 years old) rider: \_\_\_\_\_

	Signature	Print Name	CJBC Member	Emergency Phone	Cell Phone
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

## ALL RIDERS MUST WEAR HELMETS

Return completed ride sheets to: Awards Chairperson, PO Box 10686, New Brunswick, NJ 08906

Complete an Incident Report when accidents occur and send it to the address on the form and send a copy to the Club.

## Classified Ads

*There is no charge for member's classified ads. To place an ad, send it by email to the HUB editor at [HubEditor@cjbc.org](mailto:HubEditor@cjbc.org). Please contact the editor if you want your ad to be removed.*

For Sale .... **MINOURA Indoor Bike Trainer** ... Tire Drive/Hyper magnetic resistance. 26, 27 inch and 700c. Folds easy for storage. Riser block for front wheel. \$49.00 **Harold M. Finkel** [halmart2@comcast.net](mailto:halmart2@comcast.net) (C) 732 666 -7161/(H) 732-613-6527

For Sale...**Vintage 10 speed Bicycle**...Raleigh "Record" made in Nottingham, England (medal crest on headset), Orange & White color, 21.5" (crank to seat post), 27" x 1 1/4 new gum wall tires, new gear shift cables, new brake pads & seat, recently tuned, Very Good Cond. **PRICE REDUCED - \$100.00.**



Call John at 908-456-2075

Handmade **Japan 18 speed**, very good shape. May need tires, black frame. Located in Ford's, NJ. Contact: Dennis Vaeth, **Email - [nowhereman144@yahoo.com](mailto:nowhereman144@yahoo.com)**.

Offering three new un-ridden **2013 Raleigh Carbon bikes** - cash prices at major discounts.

A white 55 Militis-1 with 105 and internal cables, orig \$2500 for \$1500. Same T-800 frameset as their \$7000 bike. And two Grey Revenio Carbon-1's, a 56 and 59 with Tiagra, orig \$1850 for \$1000. Also with Internal cabling. Look them up. They are very well rated. Bikes are in Oceanport. Contact **Dennis Fahey** at [faheybike@verizon.net](mailto:faheybike@verizon.net)

**TREK - Model 2200 Women's Specific Design** Red, Top of the Line, OCLV Carbon Frame, All High End components, Shimano, Bontrager Tires, 27 Gears, Ultra Light Weight Racer Bike. Purchased 2002, Kept in excellent condition, Original Paperwork. \$800 or best offer. **Call or email - Karen 732-521-0301 email: [kdc0825@gmail.com](mailto:kdc0825@gmail.com)**

# RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name \_\_\_\_\_

Name \_\_\_\_\_

(Name & address MUST be filled out completely & printed clearly)

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

E-mail address \_\_\_\_\_

Individual: ☐ 1 Yr \$15      Family: ☐ \$20

☐ 2 Yr \$30      ☐ \$40

☐ 3 Yr \$45      ☐ \$60

**Membership will include our monthly newsletter,  
The HUB**



## FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the same household and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them.

Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

\_\_\_\_\_

## CJBC FEATURED RIDES

- New Member Ride - lunch provided
- Farmlands Tour - largest attendance with over 800 riders
- Longest Day Ride - distance challenge 100, double metric, 200 miles
- Hillier Than Thou - 62 or 100 of extremely hilly routes
- Tom Koenig Anniversary Ride - lunch provided
- Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

## CJBC SOCIAL GATHERINGS

- General Meetings - alternate months with guest presenters
- Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
- Volunteers Dinner - thank our volunteers for their special efforts

## PLEASE CHECK AREAS OF INTEREST

Event Volunteer ☐

Ride Leadership ☐

Serving on Board ☐

Optional:

Age \_\_\_\_\_

Birthdate \_\_\_\_\_

Gender: ☐ Female ☐ Male

Where did you hear about the Club?

\_\_\_\_\_

Our Membership List is published (for members only) once a year. If you **DO NOT** want your phone number to appear in the Membership List, check here: ☐









From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you **DO NOT** want your name/address released in this fashion, check here: ☐

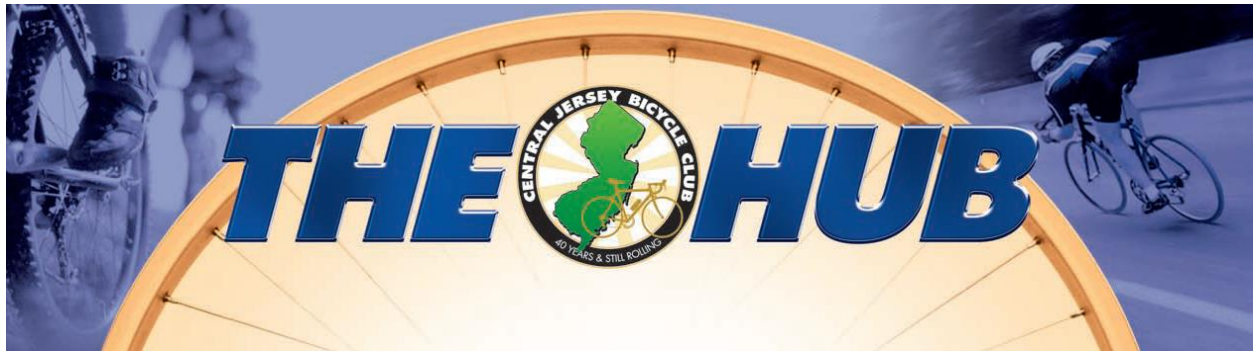
Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year



## CJBC SPONSORS

Our sponsors support our club, and offer skilled sales and/or service. **Most** sponsors also offer a 10% discount to club members on many items. Discounts are at the sponsoring shop's discretion. Your CJBC Membership Card is your identification.

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Over 40 Years and Still Rolling

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# Happy Bicycling!

